



Color of the Month: Pale Violet

Free Your Mind With A Little Spritz Of Pale Violet

Spring is here & our energy is awakening! Spring brings a renewed sense of focus and clarity; however, many of us can use a little transition from our winter hibernation to increased daylight and spring activities. Clear your head with Color Aromas™ Pale Violet.

Created by Conscious Colors, Color Aromas renew body, mind and spirit with the **healing forces of color therapy**. The unique color aromatherapy line captures the color frequencies found in fragrant essential oils.

The Color Pale Violet is helpful for soothing the nervous system. This unique color energy offers an awakening for the Crown Chakra (energy center) located at the top and center of your head, which helps to balance the brain. Pale Violet is color energy that helps free the mind from over-analyzing and overload, and helps you to rely on your intuition and inner guidance.

The POSITIVE QUALITIES of Pale Violet Color Therapy:

- Freeing
- Clearing
- Enlightening
- Cooling
- Supports deep inner communication
- Balances an over-active left brain
- Cools and calms the nervous system



Spray or dab the Color Aromas™ Pale Violet blend on or around you this month and discover for yourself its great healing properties. Remember, where your mind goes, energy flows.

The Color Aromas™ line was created by Constance Hart, an internationally recognized certified color therapist and consultant. A visionary in the field of energy balancing, Hart is the pioneer of color aromatherapy in the U.S. and is available for interviews. Visit Conscious Colors at www.consciouscolors.com. For more information, images, or samples, editors may contact Stephanie Evans at On the Horizon Communication at (805) 773-1000 or stephanie@thepressroom.com.